



Lesson Information Guide

for Abbots Hill, Hemel

Address

Abbot's Hill School, Bunkers Lane
Hemel Hempstead HP3 8RP.

Parking & Access !

There are specific requirements for parking, please click [here](#) for the latest guidance.

When you arrive

Once at the pool, please use the foyer area to remove outdoor coats and shoes. It is recommended to bring clean / indoor flip flops or sliders to change into.

Changing

There are limited changing areas for male and female changing which may be used after your lesson, there is no access to showers.

Belongings

Please keep your child's belongings with you at all times and do not leave in the changing areas or around the poolside.

What to Bring

Your child should arrive "pool ready" (wearing their swimwear under

clothes) so you can head straight to the poolside when you arrive. All equipment for the lessons will be supplied, the wearing of goggles is optional. Please ensure long hair is tied back, a swimming hat is recommended.

Where to go

The Poolside Manager on duty will direct your child to the correct area of the pool. They will remain in this class/area each week unless we notify you otherwise.

Who gets in the water?

Parents are not required to get in the water, our teachers will teach in the water for Duckling, Stage 1 and Stage 2. They will teach out the water for Stage 3 and above unless otherwise required.

Viewing

There are benches around the pool for you to spectate. We ask parents not to engage the teachers in discussion during lessons. The Poolside Manager will be present to answer any questions you may have.

We look forward to welcoming you!