



# Lesson Information Guide

## for Stud Green, Watford

### Address

12 Stud Green, Watford,  
Herts WD25 7EU

### Parking & Access

There are specific requirements for parking, please click [here](#) for the latest guidance.

### When you arrive

Once at the pool, please follow the signage to the pool entrance which is to the left of the house down a short alley. All outdoor footwear must be removed by swimmers and spectators before entering the pool.

### Changing

There are 3 cubicles for changing as well as a separate shower and toilet.

### Belongings

Please do not leave belongings in the changing rooms, you can leave your bag on the bench to keep cubicles free for those finishing their lesson before you.

### What to Bring

You/your child should arrive "pool ready" (wearing their swimwear under clothes) so you can head straight to the

poolside when you arrive. All equipment for the lessons will be supplied, the wearing of goggles is optional. Please ensure long hair is tied back, a swimming hat is recommended. Children who are not toilet trained, must wear an appropriate swim nappy which should be taken home with you to dispose of.

### Where to go

Please do not enter the pool area until 5 minutes before your lesson. You can take a seat on the bench and wait for your teacher to let you know when to get in.

### Who gets in the water?

Parents/Carers are required to be in the water for Parent & Baby classes. All 2:1 and 1:1 lessons will be without a parent in the water unless otherwise agreed.

### Viewing

There is undercover heated seating available just outside the pool so you can see the lesson. Seating is available on poolside but we recommended sitting outside the pool if appropriate.

***We look forward to welcoming you!***

If you have any questions, please email us at [info@watfordwimschool.com](mailto:info@watfordwimschool.com). On the day of your lesson, the office may not be open so we will respond to any query as soon as possible.



Issue 1